

HEALTH TRAINING OPPORTUNITIES

April, May and June 2008

The Child Care Health Consultants will offer five workshops in the 4th Quarter. Workshops are taught at the Partnership/CCRI offices from 6:30 to 8:30 p.m. There is no charge but pre-registration is required. Participants receive two hours of DCD approved training credit. Participants must call if they will not be attending in order to allow someone from the waiting list to attend. Participants will not be admitted fifteen minutes after class begins.

Call Tiffany Lassiter at the Partnership office to register. Phone: 704-262-3683 x 100 or e-mail tjohnson@ctc.net

Thursday, April 10 "Asthma" - Kay Simmons, RN

This is an expanded version of the one hour asthma training. Participants will learn more about asthma and triggers that cause asthma episodes. Discussion will be on how to recognize asthma symptoms, and how to reduce triggers in child care. Includes importance of asthma profiles, emergency action plans, and how to write them. Medications that are used to treat asthma will be discussed and demonstrated, as well as the need for medication orders. First aid during asthma episodes and when to call 911 is explained. Includes video and handout materials.

Thursday, April 24 "ITS/SIDS" Susan King, RN

Training gives child care providers an overview of Sudden Infant Death Syndrome, identifies SIDS risk factors and describes ways to reduce the risk of SIDS in child care. SIDS risk reduction messages include: engaging in safe sleep practices for infant/toddlers by placing babies on their back to sleep and creating safe sleep environments. The national child care standards for sleep safety are presented. Safe Sleep policy guidelines are included. A sample letter for baby's doctor and a sleep position medical waiver are reviewed. Training covers providers and parents as partners to create safe sleep for babies in child care. A variety of training modalities may be included such as: verbal and visual presentation, small group activities, discussion, role plays, Question & Answer sessions and problem solving exercises. Educational materials and resources for parents and providers are available.

Thursday, May 22 " Food Allergies"/ "Summer Safety" Anita Sweeney, RN

Food Allergies: Participants will learn the definition of food allergies; how food allergies are diagnosed; signs of food allergies; anaphylactic reaction signs and symptoms. Reading and understanding food labels will be discussed, with information on ingredients that may contain food allergens without having the same name of the known food that triggers allergy symptoms. The importance of communication with parents and health care providers regarding accurate diagnosis and foods to be avoided will be stressed. Staff will be assisted in developing medical statements for parents and health care providers to sign, as well as emergency action plans for child care staff to implement.

Summer Safety: Participants will learn why infants and children are less tolerant of sun and high temperatures than adults; signs of heat exhaustion and heat stroke; ways to prevent sunburn and overheating; importance of sun block and increased oral fluids in summer. Also, prevention and treatment of insect bites, beestings, and ticks; how to remove bee stingers and ticks safely and completely. Lyme disease and West Nile Virus definition and prevention will be discussed; drowning prevention; lightning dangers, and recognizing poisonous plants, and when to call Carolinas Poison Center.

Thursday, June 12 "ITS/SIDS" - Susan King, RN

Training gives child care providers an overview of Sudden Infant Death Syndrome, identifies SIDS risk factors and describes ways to reduce the risk of SIDS in child care. SIDS risk reduction messages include: engaging in safe sleep practices for infant/toddlers by placing babies on their back to sleep and creating safe sleep environments. The national child care standards for sleep safety are presented. Safe Sleep policy guidelines are included. A sample letter for baby's doctor and a sleep position medical waiver are reviewed. Training covers providers and parents as partners to create safe sleep for babies in child care. A variety of training modalities may be included such as: verbal and visual presentation, small group activities, discussion, role plays, Question & Answer sessions and problem solving exercises. Educational materials and resources for parents and providers are available.

Thursday, June 26 "ADHD" - Lee-Ann Kenny, RN

This workshop will teach more detailed information than the Basic ADHD Class. Behaviors of children with ADHD symptoms will be discussed, as well as suggestions for managing these children by changing their routines, their environments, and the teachers' expectations of these children. Communication with parents and other caregivers will be discussed, as well as current medication and behavioral management regimens.